



MANAGING YOUR CAREER

Objective

Imagine what it would be like to have a career that fits you perfectly. Imagine waking up in the morning with excitement and enthusiasm for the new working day. Imagine spending your life doing something you really care about, being engaged in work that fully requires your talents. What would it be like to be more successful while involved in activities you enjoy? Nothing wastes human energy more than an ill-fitting job and underusing your talents. Our mission for this programme is to help you to get a better understanding of your talents and the career that fits you.

By the end of the training, participants will be able to:

- Take responsibility for your own future and to choose a career you love
- Have a understanding, perspective and clarity about your career path
- List your talents and have an understanding if they are used to the optimum
- Draft your career blue print

Summary of content

Step 1 "Who am I?"

- Designing your lifeline
- What does my environment think of me?
- Personality Test

Step 2 "What do I want?"

- What are your Career Fantasies?
- How well does your present career fit?
- Personal values in your career?

Step 3 "What am I capable of?"

- Analysing my talents & work experience
- What would it be to have a career that perfectly fits?
- Your Career Blueprint
- Develop a powerful and realistic objective; what is possible? Realistic? How far will I stretch?

Structure

This one day programme combines testing of natural abilities, talents, aptitudes, and so on, with a complete exploration of your personalities, temperaments, values, commitments, passions, spirituality, habits and life-styles. We help you discover your talents and which workplace environments are best for you. You get insight into everything that really matters to you. At the end of the day you put all the pieces together into a practical, feasible career choice, a new direction designed by yourselves. The best career is within reach!

Recommended participants

This training course is for professionals that want to have a better understanding of their talents and future career steps.